

CONTACT US IF YOU HAVE ANY QUESTIONS ABOUT OUR CLASSES.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
GI - All Levels 11-12 PM	NO-GI - All Levels 7-8 AM	NO-GI - All Levels 7-8 AM	GI - All Levels 7-8 AM	GI - All Levels 11-12 PM	GI - All Levels 10:30-12:30 PM	Closed Sundays
NO-GI - All Levels 12-1 PM	NO-GI - All Levels 11-12 PM	GI - All Levels 11-12 PM	NO-GI - All Levels 11-12 PM	NO-GI - All Levels 6:15-7:15 PM		
KIDS GI - 4-6 y/o 4:30-5:15 PM	KIDS NO-GI - 8+ y/o 5-6 PM	NO-GI - All Levels 12-1 PM	KIDS GI - 4-6 y/o 4:30-5:15 PM			
KIDS GI - 7-12 y/o 5:15-6 PM	NO-GI - White & Blue 6:15-7:15 PM	KIDS GI - 4-6 y/o 4:30-5:15 PM	KIDS GI - 7-12 y/o 5:15-6 PM			
GI - White & Blue 6:15-7:15 PM	NO-GI - Blue & Above 7:15-8:30 PM	KIDS GI - 7-12 y/o 5:15-6 PM	GI - All Levels 6:15-7:15 PM			
GI - Blue & Above 7:15-8:15 PM		GI - White & Blue 6:15-8:15 PM	NO-GI - All Levels 7:15-8:15 PM			
		GI - Blue & Above 7:15-8:15 PM				